

Monday, 20 March 2023 28<sup>th</sup> Shaban 1444AH

Dear Parent/Guardian, Assalaamu Alaikum – May Peace Be Upon You

I hope that this letter finds you in good health. Aameen.

Please note the following important messages about arrangements for the forthcoming blessed month of Ramadhan.

## **School Timings During Ramadhan**

Ramadhan will start this week.

## School timings will be unchanged during Ramadhan.

We recognise that a later start during Ramadhan would make things easier for students and our staff if they are fasting.

However, it is not possible to start the school later. This is because we need to:

- Avoid traffic congestion around the school in the morning and afternoons. The area around the school gets very busy after 8.00am and after 3.30pm.
- Avoid working parents and staff at the school having to change childcare arrangements in the morning.
- Allow students who attend Madrasah, or other enrichment activities, in the evening to do so.

### **Attendance During Ramadhan**

Fasting during the months of March and April will be challenging for our learners and our teachers will be sensitive to this when planning activities during lessons.

For example, in Physical Education, students will need to bring their full PE kit. However, PE activities are planned which will be less strenuous and more rest breaks will be incorporated into the lessons.

During Ramadhan, intervention for Year 7, 8 and 9 students will be cancelled. In Year 10 & 11 interventions will continue after school but will finish at 3.45pm.

I would appeal to all parents to ensure that your **daughter attends school on time every day** during this crucial period. There will be important lessons with serious learning in each subject, especially for the preparation of internal and external exams. I am very grateful to all parents for their support in helping us to deliver a normal school during Ramadhan.

### **Catering During Ramadhaan**

Students who are not fasting will be able to buy a meal from the school canteen at lunchtime. Students who normally receive a 'Free School Meal' can collect a prepared pack from the canteen to take home (if they are fasting).

#### **Completing Exam Preparation During Ramadhan**

Many of our students will be completing important exam preparations whilst fasting during Ramadhan. We want all our students to succeed in their GCSE exam preparation whilst benefiting from the blessings that the holy month has to offer.

Please help your daughter to do well in exam preparation whilst fasting by:

- Ensuring that she participates in 'Iftaar' and 'Suhoor' and eats healthily. Fruits and vegetables can increase the feeling of fullness and contain important vitamins. High-fibre carbohydrates such as brown rice, wholemeal bread and wholegrain noodles provide energy over a longer period.
- Encouraging her to drink plenty of water when not fasting.





- Advising her to sleep at least seven hours each day. This may mean she needs to rest immediately after school.
- Checking on her health regularly and letting us know if she is unwell.

## **Faith Activities During Ramadhan**

During Ramadhan, there will be several optional activities offered by the school to encourage students to get the most out of this holy month. This includes:

- Activities during registration time to listen to and reflect on the stories from the Qur'an.
- Special Assemblies and Spiritual Weekly Circles at lunchtime.
- Activities and competitions to learn more about Ramadhan and its importance, including Laylatul Qadr (Night of Power).
- Fundraising for charity. We will be asking each student who is fasting to consider offering their lunch money to charity each day. Further details will be provided on this next week.
- An opportunity for students to prepare and give an Eid hamper pack to the homeless and the elderly in our local community. Further details will be provided on this.
- Activities to learn about the blessings of the festival of Eid-Ul-Fitr, which will mark the end of Ramadhan.

# Charity Programme 2023 (Ramadhan 1444H)

In addition to the daily acts of donating lunch money (outlined above), we will also have an official Ramadhan Charity Programme to raise funds to rebuild lives following the Earthquakes in Syria and Turkey.

Ramadhan is a time to be grateful for the countless bounties with which we have been bestowed. It is a time for giving and gaining extra reward as each good action is multiplied during this noble month. It is also an opportunity to remember those in our communities and around the world who are in great need and are not as fortunate as ourselves.

We are keen for our students to learn about charitable giving during this blessed time, so would really appreciate your support with this.

We will provide more details of our Ramadhan Charity Programme in a letter to parents this week.

We hope that you will encourage your daughter to participate in these activities fully. Thank you for your vital support with this – we sincerely appreciate it.

Finally, with Sha'baan coming to an end and Ramadhan starting soon, I would like to ask for your prayers for the school over the next few weeks. I pray that the Almighty Grants us all the ability to value every single moment of the coming days and to undertake only those actions which please Him and refrain from those that displease Him. Aameen.

Yours sincerely,

Sajid Khaliq Principal

