



Star

NURTURING TODAY'S YOUNG PEOPLE,
INSPIRING TOMORROW'S LEADERS

THE TEN DAYS OF ZIL HAJ – A GUIDE TO GOOD ACTIONS

Star Muslim Faith Designated Secondary Schools

Name: **Form:**

Prophet of Islam ﷺ states, “No days are more beloved to the Lord for worshipping Him in, than the (first) ten days of Zil Haj. Observance of a fast on each of these days is equal to observance of a fast for a year (in regard to reward). Establishing supererogatory prayer (Nafl) each of these nights is equal to establishing supererogatory prayer on the Night of Power (Lailutul Qadr), in regard to reward.”

DAY 1

HADITH OF THE DAY



Prophet of Islam ﷺ states, **“Best from among people are those most beneficial to mankind.”** [Tabrani]

DAILY CHECKLIST

- Recite the Quran in the mornings
- Demonstrate the best character
- Establish all prayers
- Observe fast
- Help in housework
- Be kind to those around you

Remembering the Lord

The Prophet ﷺ said, “Perform good throughout your life, present (yourself) for the (gentle) breeze of Allah’s mercy. Allah certainly has a (gentle) breeze of His mercy, which He enables to reach whoever he wills from His servants.” (Tabrani)

Recite the first Kalima a hundred times today.

SALAH TRACKER

- FAJR WITH ITS SUNAN PRAYERS
- ZUHR WITH ITS SUNAN PRAYERS
- ASR WITH ITS SUNAN PRAYERS
- MAGRIB WITH ITS SUNAN PRAYERS
- ISHA WITH ITS SUNAN PRAYERS
- TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

O' our Lord, give us good in this world and good in the Hereafter and protect us from the punishment of the Fire

DAY 2

HADITH OF THE DAY



Prophet of Islam ﷺ states,
“The one who believes in Allah and the final day, should maintain relationships.” [Bukhari & Muslim]

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- Establish all prayers
- Observe fast
- Help in housework
- Be kind to those around you

Remembering the Lord

The Prophet ﷺ said, “Perform good throughout your life, present (yourself) for the (gentle) breeze of Allah’s mercy. Allah certainly has a (gentle) breeze of His mercy, which He enables to reach whoever he wills from His servants.” (Tabrani)

Recite salutations upon the Prophet ﷺ a hundred times today.

SALAH TRACKER

- FAJR WITH ITS SUNAN PRAYERS
- ZUHR WITH ITS SUNAN PRAYERS
- ASR WITH ITS SUNAN PRAYERS
- MAGRIB WITH ITS SUNAN PRAYERS
- ISHA WITH ITS SUNAN PRAYERS
- TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

O' Transformer of hearts, make my heart steadfast upon Your religion

DAY 3

HADITH OF THE DAY



Prophet of Islam ﷺ states,

“There is no Muslim who visits a sick person in the morning except 70,000 angles supplicate for him until evening. There is no Muslim who visits a sick person in the evening except 70,000 angles supplicate for him until morning.”

[Tirmidhi]

DAILY CHECKLIST

Recite the Quran in the mornings

Demonstrate the best character

Establish all prayers

Observe fast

Help in housework

Be kind to those around you

Remembering the Lord

The Prophet ﷺ said, “Perform good throughout your life, present (yourself) for the (gentle) breeze of Allah’s mercy. Allah certainly has a (gentle) breeze of His mercy, which He enables to reach whoever he wills from His servants.” (Tabrani)

Donate some of your pocket money to the school charity today.

SALAH TRACKER

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ZUHR WITH ITS SUNAN PRAYERS

ASR WITH ITS SUNAN PRAYERS

MAGRIB WITH ITS SUNAN PRAYERS

ISHA WITH ITS SUNAN PRAYERS

TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً
إِنَّكَ أَنْتَ الْوَهَّابُ

O' our Lord, do not make our hearts crooked after You have given us guidance and grant us mercy from Yourself. You are certainly the All-Granting One

DAY 4

HADITH OF THE DAY

Prophet of Islam ﷺ states,

“Do not become angry.”

[Bukhari]

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Observe fast

Help in housework

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The Prophet ﷺ said, “Perform good throughout your life, present (yourself) for the (gentle) breeze of Allah’s mercy. Allah certainly has a (gentle) breeze of His mercy, which He enables to reach whoever he wills from His servants.” (Tabrani)

Demonstrate a kind gesture towards someone today.

SALAH TRACKER

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ASR WITH ITS SUNAN PRAYERS

MAGRIB WITH ITS SUNAN PRAYERS

ISHA WITH ITS SUNAN PRAYERS

TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

O’ my Lord, show mercy to them (my parents) just as they nurtured me in infancy.

DAY 5

HADITH OF THE DAY

Prophet of Islam ﷺ states,

“One who recites a letter from the Quran, for him then will be a reward for the recitation. One reward is (then) multiplied by ten.” [Tirmidhi]

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The Prophet ﷺ said, “Perform good throughout your life, present (yourself) for the (gentle) breeze of Allah’s mercy. Allah certainly has a (gentle) breeze of His mercy, which He enables to reach whoever he wills from His servants.” (Tabrani)

Recite more from the Quran today than usual.

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MAGRIB WITH ITS SUNAN PRAYERS

ISHA WITH ITS SUNAN PRAYERS

TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبَّنَا اغْفِرْ لَنَا ذُنُوبَنَا وَإِسْرَافَنَا فِي أَمْرِنَا وَثَبِّتْ أَقْدَامَنَا

O' our Lord, forgive for us our sins and our excesses in our affair and make our feet firm

DAY 6

HADITH OF THE DAY

Prophet of Islam ﷺ states,

“The supplication of three (people) is not rejected, a just ruler, one observing fast till he breaks fast and the supplication of the oppressed.”

[Ibn Hibbaan]

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Calculate the prayers you may have missed in your life, and work towards making them up.

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TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ

O' Lord, make me an establisher of prayer

DAY 7

HADITH OF THE DAY

Prophet of Islam ﷺ states,

“Fear the Fire, even with (donating) a piece of date.”

[Bukhari & Muslim]

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Recite the first Kalima a hundred times today.

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ZUHR WITH ITS SUNAN PRAYERS

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MAGRIB WITH ITS SUNAN PRAYERS

ISHA WITH ITS SUNAN PRAYERS

TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ
الْحِسَابُ

O' our Lord, forgive me, my parents and the believing ones on the day when reckoning will take place

DAY 8

HADITH OF THE DAY

Prophet of Islam ﷺ states,

“The one who desires his life to be lengthened and his sustenance to be increased, he should then become obedient to his parents.” [Targhib wa Tarhib]

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Recite the Dua of the day as much as possible today.

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MAGRIB WITH ITS SUNAN PRAYERS

ISHA WITH ITS SUNAN PRAYERS

TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَدْخِلْنِي بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ

O' my Lord, give me the ability to express gratitude for Your favour which You have conferred upon me and upon my parents and that I may perform a virtuous deed that You will be pleased with, and include me among Your virtuous servants by Your mercy

DAY 9

HADITH OF THE DAY

Prophet of Islam ﷺ states,

“The observance of fast on the day of Arafah (9 Dhul Hijjah), it is anticipated from Allah that He will forgive the sins of the year past and the year to come.”

[Muslim]

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Ensure to observe fast on this day and refrain from wasting time.

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MAGRIB WITH ITS SUNAN PRAYERS

ISHA WITH ITS SUNAN PRAYERS

TAHAJJUD WITH SUPPLICATION

DU'A OF THE DAY

رَبَّنَا فَاعْفِرْ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا سَيِّئَاتِنَا وَتَوَفَّنَا مَعَ
الْأَبْرَارِ

O’ our Lord, so forgive our sins for us, wipe our evil actions away from us and take our souls away with the obedient ones

DAY 10 – Eid -ul - Adha

Eid Mubarak

May your worship in these ten days of Dhul Hijjah be accepted, may your shortcomings be forgiven and may your life be filled with everlasting joy.

Eid Day Sunnah Practices

1. *Glorify the Lord with Takbir*
2. *Eat after Eid prayers*
3. *Bath*
4. *Wear your best clothes*
5. *Make use of some perfume*