



Tuesday, 05 March 2024
24 Sha'baan 1445H

Dear Parent/Guardian,
Assalaamu alaikum - Peace be with you
RE: Ramadhan Activities and Charity Appeal

I pray that this letter finds you in good health (Aameen).

Please note the following important messages about arrangements for the forthcoming blessed month of Ramadhan.

School timings during Ramadhan

Ramadhan will start next week.

School timings will be unchanged during Ramadhan.

We recognise that a later start during Ramadhan would make things easier for pupils and our staff if they are fasting.

However, it is not possible to start the school later. This is because we need to:

- Avoid traffic congestion around the school in the mornings and afternoons.
- Avoid working parents and staff at the school having to change childcare arrangements.
- Allow pupils who attend Madrasah, or other enrichment activities, in the evening to do so.

Teaching and Learning and Attendance during Ramadhan

Fasting during the months of March and April will be challenging for our learners, therefore our teachers will be sensitive to this when planning activities during lessons.

For example, in Physical Education, pupils will need to bring their full PE kit. However, PE activities are planned which will be less strenuous and more rest breaks will be incorporated into the lessons.

During Ramadhan, intervention for **Year 7, 8 and 9** pupils will be **cancelled**.

Please ensure that your **child attends school on time every day** during this crucial period. There will be important lessons with serious learning in each subject, especially for the preparation of internal and external exams. I am very grateful for your support in helping us to deliver a normal school during Ramadhan.

Catering during Ramadhan

Pupils who are not fasting will be able to buy a meal from the school canteen at lunchtime. Pupils who normally receive a free school meal can collect a sandwich from the canteen to take home (if they are fasting).

Completing Mock Exams during Ramadhan

Many of our pupils will be completing important mock exams whilst fasting during Ramadhan. We want all our pupils to succeed in their exams whilst benefiting from the blessings that the holy month has to offer.





Please help your child to do well in exams whilst fasting by:

- ensuring that they participate in 'Iftaar' and 'Suhoor' and eat healthily. Fruits and vegetables can increase the feeling of fullness and contain important vitamins. High-fibre carbohydrates such as brown rice, wholemeal bread and wholegrain noodles provide energy over a longer period of time
- encouraging them to drink plenty of water when not fasting
- advising them to sleep at least seven hours each day. This may mean they need to rest immediately after school
- checking on their health regularly and letting us know if they are unwell.

Faith Activities during Ramadhan

During Ramadhan, school will offer optional activities to encourage pupils to gain maximum benefit from this holy month.

- Activities during registration time to listen to and reflect on stories from the Noble Quran
- Special assemblies and Weekly Spiritual Circles at lunchtime
- Activities and competitions to learn more about Ramadhan and its importance, including Laylat ul Qadr (Night of Power)
- Fundraising for charity. We will be asking each pupil who is fasting to consider offering their lunch money to charity each day.
- An opportunity for pupils to prepare and give an Eid gift pack to the homeless and the elderly in our local community.
- Pupils will also be asked to conduct Sponsorship and raise money out of school linked to 'Good deeds' during Ramadhan
- Activities to learn about the blessings of the festival of Eid-ul-Fitr, which will mark the end of Ramadhan.

Charity Programme 2024 (Ramadhan 1445H)

Ramadhan is a time to be grateful for the countless bounties with which we have been bestowed. It is a time for giving and gaining extra reward, as each good action is multiplied during this noble month. It is also an opportunity to remember those in our communities and around the world who are in great need and are not as fortunate as ourselves.

Last week, we wrote to you regarding Star's Charitable Giving Programme. In 2024, we are working with Shine Charity once again to alleviate suffering of people at home and abroad. Through this year's Ramadhan projects, we aim to support those in need in the **Star family in our own community (Lillaah and Sadaqah-e-Nafil)**, fund the education of **Syrian children in Lebanon (Zakat and Sadaqah)**, and provide aid for people whose lives have been devastated by the ongoing conflict in **Gaza (Zakat and Sadaqah)**.

You can donate to each of these important projects through ParentPay. Please give generously – each pound is worth so much more during this auspicious month and at this difficult time. ParentPay will open **on Monday 4th March**.

The deadline for donations on ParentPay is **Thursday 28th March 2024**.

We are keen for our pupils to learn about charitable giving during this blessed time and would really appreciate your help to do this.





Eden Girls

We hope that you will encourage your child to participate fully in the programme of activities. Thank you for your vital support, which we sincerely appreciate.

Finally, with Sha'baan coming to an end and Ramadhaan starting soon, I would like to request for your prayers for the school and the wider community, over the next few weeks. I pray that the Almighty grants us all the ability to value every single moment of the coming days and to undertake only those actions which please Him and refrain from those which displease Him (Aameen).

Yours sincerely

Sajid Khaliq
Principal

